

TOPICAL REVIEW

Matrix metalloproteinases: their biological functions and clinical implications

Hijova E

Institute of Experimental Medicine, Faculty of Medicine, Safarikiensis University, Kosice, Slovakia.hijova@pobox.sk

Abstract

Matrix metalloproteinases (MMPs), which are also known as matrixins, are proteinases that participate in extracellular matrix remodelling and degradation. Under normal physiological conditions, the activities of MMPs are precisely regulated at the level of transcription, at that of activation of the pro-MMP precursor zymogenes as well as at that of inhibition by endogenous inhibitors (tissue inhibitors of metalloproteinases, TIMPs). Alterations in the regulation of MMP activity are implicated in diseases such as cancer, fibrosis, arthritis and atherosclerosis. The pathological effects of MMPs and TIMPs in cardiovascular diseases involve vascular remodelling, atherosclerotic plaque instability and cardiac remodelling in congestive heart failure or after myocardial infarction. Since excessive tissue remodelling and increased matrix metalloproteinases activity have been demonstrated during atherosclerotic lesion progression (including plaque disruption), MMPs represent a potential target for therapeutic intervention aimed at the modification of vascular pathology by restoring the physiological balance between MMPs and TIMPs. Recent findings suggest that MMPs are also involved in cancer initiation, invasion and metastasis; MMP inhibitors could be considered for evaluation as cancer chemopreventive molecules. This review describes the members of MMP and TIMP families and discusses the structure, function and regulation of MMP activity. (Tab. 1, Ref. 45.)
Key words: matrix metalloproteinases, tissue inhibitors of metalloproteinases, cancer, atherosclerosis, heart failure.

Matrix metalloproteinases (MMPs) constitute a family of human zinc-dependent proteolytic enzymes. They take part in the degradation of extracellular matrix (ECM) and basement membranes (BM) during morphogenesis, cell migration, angiogenesis and proteolytic activation of growth factors. All these events are needed in fetal development and in normal tissue remodelling as well as in epidermal wound healing, inflammation and tumor invasion. According to their substrate specificity and structure, MMPs can be divided into six subgroups: interstitial collagenases, stromelysins, matrilysins, type IV collagenases also called gelatinases, membrane-type MMPs (MT-MMPs) and other MMPs. In normal cellular environment, specific tissue inhibitors of metalloproteinases-TIMPs, strictly regulate MMP activity.

Matrix metalloproteinases, regulation of MMPs, inhibitors of MMPs

Matrix metalloproteinases (MMPs) are zinc-dependent endoproteinases that are involved in the degradation of proteins in the extracellular matrix and basement membrane (Tab. 1).

Physiologically, these enzymes play a role in normal tissue remodelling events such as embryonic development, angiogenesis, ovulation, mammary gland involution and wound healing. Abnormal expression appears to contribute to various pathological processes including rheumatoid arthritis and osteoarthritis, pulmonary emphysema, atherosclerosis, and tumor growth, invasion and metastasis.

MMPs are generally divided into six subgroups: interstitial collagenases (MMP-1, -8, and MMP-13), stromelysins (MMP-3, -10, -11 and MMP-12), matrilysins (MMP-7 and MMP-26), type IV collagenases (MMP-2 and MMP-9), membrane-type MMPs (MMP-14, -15, -16, -17, -24 and MMP-25) and others (MMP-19, -23, and MMP-28) (Nagase and Woessner, 1999; Uria and

Institute of Experimental Medicine, Faculty of Medicine, Safarikiensis University, Kosice, Slovakia

Address for correspondence: E. Hijova, MVD, Institute of Experimental Medicine, Faculty of Medicine LF UPJS, Trieda SNP 1, SK-040 11 Kosice, Slovakia.

Phone: +421.55.6424606, Fax: +421.55.6420253

Tab. 1. MMPs and their substrates.

Enzyme	Substrates
Collagenase-1 (MMP-1)	Col I, II, III, VII, VIII, X, aggrecan, entactin/nidogen, MBP, serpins, α 2M, perlecan, vitronectin, tenascin, fibrinogen, TNF precursor, IGFBP
Collagenase-2 (MMP-8)	Col I, II, III, aggrecan, serpins, α 2M, fibrinogen
Collagenase-3 (MMP-13)	Col I, II, III, IV, IX, X, XIV, aggrecan, fibrillin, fibronectin, gelatin, Laminin (Ln-1), large tenascin C, osteonectin, serpins, PAI, fibrinogen
Gelatinase-A (MMP-2)	Col I, IV, V, VII, X, gelatin, fibronectin, tenascin, fibrillin, osteonectin, entactin, aggrecan, vitronectin, decorin, MBP, α 1PI, plasminogen, α 2M, Ln-5, IGFBP, TNF precursor, pro-TGF- β
Gelatinase-B (MMP-9)	Col I, IV, V, VII, XI, XIV, gelatin, elastin, fibrillin, osteonectin, aggrecan, fibronectin, vitronectin, decorin, MBP, α 2M, TNF precursor, IGFBP, plasminogen, pro-TGF- β , α 1PI
Stromelysin-1 (MMP-3)	Col III, IV, V, VII, IX, X, elastin, fibronectin, fibrillin, fibrinogen, gelatin, aggrecan, Ln-1, nidogen, vitronectin, osteonectin, decorin, tenascin, α 1PI, TNF precursor, MBP, E-cadherin, IGFBP, plasminogen, osteopontin
Stromelysin-2 (MMP-10)	Col III, IV, V, IX, X, elastin, fibronectin, gelatin, aggrecan, Ln-1, nidogen
Stromelysin-3 (MMP-11)	α 1PI, IGFBP
Metalloelastase (MMP-12)	Elastin, col IV, fibronectin, Ln-1, gelatin, vitronectin, entactin, proteoglycan, heparan and chondroitin sulfates, TNF precursor, plasminogen, fibrillin, fibrinogen, α 1PI
Matrilysin (MMP-7)	Col IV, elastin, fibronectin, Ln-1, entactin, tenascin, osteonectin, aggrecan, vitronectin, MBP, decorin, versican, α 1PI, osteopontin, E-cadherin, plasminogen, β 4 integrin, α -prodefensin, Fas ligand, pro-TNF- α
Matrilysin-2 (MMP-26)	Col IV, gelatin, fibronectin, fibrin, α 1PI, β -casein, TACE-substrate
MT1-MMP (MMP-14)	Col I, II, III, gelatin, fibronectin, Ln-1, vitronectin, aggrecan, tenascin, nidogen, perlecan, fibrinogen/fibrin, fibrillin, α 1PI, α 2M, Ln-5, CD44, tTG
MT2-MMP (MMP-15)	Fibronectin, Ln-1, gelatin, aggrecan, tenascin, nidogen, perlecan, vitronectin, tTG
MT3-MMP (MMP-16)	Col III, fibronectin, gelatin, laminin, aggrecan, casein, vitronectin, α 2M, α 1PI, tTG
MT4-MMP (MMP-17)	Gelatin, TNF- α precursor, fibrillin, fibronectin
MT5-MMP (MMP-24)	ND
MMP-19	Col IV, gelatin, Ln-1, nidogen, tenascin, fibronectin, aggrecan, fibrinogen, COMP
Enamelysin (MMP-20)	Amelogenin, aggrecan, COMP
MMP-21	ND
MMP-23	gelatin
MMP-27	ND
MMP-28	casein

ND = not determined (Modified from Kerkelä and Saarialho-Kere, 2003; Lohi et al, 2001)

Lopez-Otin, 2000; Lohi et al, 2001). At least eight of the known human MMP genes (MMP-1, MMP-3, MMP-7, MMP-8, MMP-10, MMP-12, MMP-13, and MMP-20) are clustered in chromosome 11 at 11q21-23 (Shapiro, 1998). Other known MMP genes are scattered along chromosomes 1, 8, 12, 14, 16, 20 and 22.

The basic structure of MMPs consists of a catalytic domain and additional amount of variable inserts depending on the specific MMP. These variable inserts include the signal peptide, propeptide, furin-cleavage site insert, fibronectin-like repeats, hinge region, hemopexin domain, cysteine-rich region, cytoplasmatic tail, and transmembrane domain.

Transcriptional regulation of MMP genes. In normal tissue, the secretion and activity of MMPs is very low, but their production and release are rapidly induced when tissue remodelling is needed (Nagase and Woessner, 1999). The regulation of MMPs occurs at many levels, including transcription, modulation of mRNA half-life, secretion, localization, zymogen activation and inhibition of proteolytic activity. The control at the level of transcription is the major level of MMP regulation (Fini et al, 1998). Various effectors including growth factors and cytokines /epidermal growth factor (EGF), tumor necrosis factor- α (TNF- α), interleukin 1 β (IL-1 β), basic fibroblast growth factor (bFGF), platelet-derived growth factor (PDGF), interleukin-6 (IL-6) and transforming growth factor- β (TGF- β) chemical agents, psychical stress, oncogenic cellular transformation as well as cell-cell and cell-matrix interactions regulate MMP gene expression. Extracellular stimuli affect MMP expression via signal transduction pathways that lead to activator protein-1 (AP-1) binding site activation. AP-1 site is in the genes of MMPs-1, -3, -7, -8, -9, -10, -12 and MMP-13. MMP-2, MMP-11, MMP-28 and MT1-MMP genes do not have AP-1 site. MMP-1, -3 and MMP-9 have also another AP-1 site, but the role of this site is not clear. The expression of AP-1 transcription factors are induced by mitogen activated proteine kinase (MAPK) pathways, i.e. extracellular signal-regulated kinase (ERK 1,2), stress activated proteinase kinase/Jun N-terminal kinase (SAPK/JNK) and p38. ERK 1,2 pathway plays a crucial role in growth factor-induced mitogenesis, differentiation and cellular transformation, but it can also be induced by stress stimuli. SAPK/JNK and p38 are merely activated by cytokines and stress such as UV-light (Karin et al, 1997). TGF- β inhibitory elements (TIE) are described in some MMP gene promoters (MMPs -1, -7 and -13), but their role is not clear. TGF- β and (TNF- α) might stimulate MMP-1 expression as shown in cultured keratinocytes (Mauviel et al, 1996; Johansson et al, 1997). MMP-7 can be both up- and downregulated by TGF- β . In rats, TGF- β is a down-regulated gene expression of MMP-3. MMP-10 is responsive for EGF, keratinocyte growth factor (KGF), TNF- α , TGF- β 1, TGF- α , and MMP-12 is up-regulated by IL-1, TNF- α , macrophage colony stimulating factor (M-CSF), vascular endothelial growth factor (VEGF), PDGF-BB, and inhibited by TGF- β (Windsor et al, 1993; Madlener et al, 1996; Feinberg et al, 2000). MMP-13 is induced by TPA, IL-1 β and TGF- β in human fibroblasts (Uria et al, 1997,1998).

Activation of proMMPs. Most proMMPs are secreted from cells and activated extracellularly, but some of them are stored

in and released from intracellular granules (MMP-8, MMP-9). ProMMPs secreted as inactive zymogens can be activated by proteinases or by non-proteolytic agents (Nagase, 1997). In vitro, the activation can be set off by plasmin, trypsin, furin, kallikrein, chymase, mast cell tryptase as well as by other, such as bacterial proteinases. The activation of proMMPs by plasmin is a relevant pathway in vivo. Plasmin is generated from plasminogen by tissue plasminogen activator (tPA) and urokinase plasminogen activator (uPA). Plasmin has been reported to activate proMMP-1, proMMP-3, proMMP-7, proMMP-9, proMMP-10, and proMMP-13 (Lijnen, 2001). ProMMP-1 can also be activated by MMP-3, MMP-7 or by MMP-10. Many MMPs are activated by other MMPs. ProMMP-2 is activated by MT-MMPs, including MT1-MMP, MT2-MMP, MT3-MMP, MT5-MMP and MT6-MMP (Visse and Nagase, 2003). MT4-MMP does not activate proMMP-2 (English et al, 2000). MMP-2 activation with active MT1-MMP needs TIMP-2, but MT2-MMP is independent of it (Morrison et al, 2001). During MMP-2 activation, MT1-MMP forms dimers or multimers on the cellular surface through interaction of hemopexin domains, and then binds TIMP-2. ProMMP-2 binds with the C-terminal domain of TIMP-2 through its hemopexin domain. The second, active, MT1-MMP then cleaves proMMP-2, thereby partly activating it. The MMP-2 dissociates from the membrane and is fully activated by intermolecular processing. Thus TIMP-2 enhances the activation of MMP-2 at low levels, but inhibits it at high levels. ProMMP-11 possesses a furin recognition sequence and it is activated intracellularly by furin (Pei and Weiss, 1995). MT-MMPs (Sternlicht and Werb, 2001), MMP-21, MMP-23, and MMP-28 (Marchenko and Strongin, 2001; Lohi et al, 2001; Ahokas et al, 2002) have a similar basic motif in the propeptide. ProMMP-13 can be activated by MMP-3, MMP-10, MT2-MMP as well as by MT1-MMP (Knäuper et al, 1996; d'Ortho et al, 1997; Murphy et al, 1999) and MMP-13 itself is able to active gelatinases (Knäuper et al, 1997). MMP-26 is an exception, because it is auto-activated (Marchenko et al, 2003).

The ADAMs (a disintegrin and metalloproteinase like) are a group of molecules that are related to the MMPs. Currently, 23 members of the ADAM family are known to exist, and at least three of these (i.e. ADAM-10, -12 and -17) have been shown to possess proteinase activity (Stone et al, 1999).

Tissue inhibitors of metalloproteinases (TIMPs) are a family of secretory proteins that are able to inhibit MMP activity through non-covalent binding of active forms of MMPs in the extracellular space in 1:1 molar stoichiometry. Four TIMPs have been identified in vertebrates, namely TIMP-1, -2, -3 and -4 (Edwards et al, 1996; Gomez et al, 1997; Duffy and McCarthy, 1998). TIMPs are expressed in various tissues and by many cell types, and their expression is regulated during development and tissue remodelling (Brew et al, 2000). TIMP-1, TIMP-2 and TIMP-4 stay in secreted form in ECM whereas TIMP-3 is associated with it (Leco et al, 1994). All TIMPs are capable of inhibiting all MMPs, with the following exceptions: at least one of ADAMs (tumor necrosis factor- α -converting enzyme (ADAM-17 (TACE)) is not inhibited by TIMP-1, -2 or -4, TACE activity, however, is

blocked by TIMP-3 (Amour et al, 1998). Some TIMPs appear to act as multifunctional molecules. Thus, in addition to the inhibition of MMP activity, TIMP -1 and TIMP-2 can stimulate cell proliferation, at least in vitro. Furthermore, although both TIMP-1 and TIMP-2 have been found to inhibit apoptosis (Guedez et al, 1998; Valente et al, 1998), TIMP-3 was shown to promote this process (Baker et al, 1999). TIMPs have N- and C-terminal domains and the MMP inhibition occurs through folding the N-domain and binding it to the active site of MMP. TIMPs play an important role in many biological processes, including fetal development, angiogenesis and cancer. An imbalance between TIMP and MMP activities is believed to result in excessive degradation of matrix components in tumor invasion, but the balance between various TIMPs may also be a critical factor in determining the degrading potential of cells in normal and pathological conditions. Overexpression of different TIMPs can inhibit malignant cells in vivo and in vitro. Therefore, adenovirus-mediated gene delivery of TIMP-1, -2 and -3 inhibits tumor invasion (Ahonen et al, 1998). However, the lack of effective methods for gene delivery has limited the clinical utility of this approach.

Role of MMPs in tumors, atherosclerosis and heart failure

Cancer may be comprehended as a disease where abnormalities in genes result in gain-of-function oncogenes or loss-of-function tumor-suppressor genes. Together with other inducers, these mutations cause failure in regulating proliferation, differentiation, cell death, and expression of many cell-type-specific functions properly, and result in an altered phenotype of cell and eventually in cancer. MMPs can regulate the tumor microenvironment, and their expression and activation are increased in almost all human cancers compared with normal tissue. MMPs in tumors are expressed by tumor cells but even more often by surrounding stromal and inflammatory cells. There is no single MMP consistently overexpressed in any tumor type, or a consistent pattern of MMP expression across the variety of human cancer. At least MMP -1, -2, -3, -7, -9, -10, -11, -13 and -14 are frequently overexpressed in many human tumors (Kerkelä and Saarialho-Kere, 2003). The increased MMP expression in tumors is most likely due to transcriptional changes, which result from the activation of oncogenes or loss of tumor-suppressors (Egeblad and Werb, 2002).

It is generally assumed that the primary mechanism by which MMPs promote the spreading of cancer is carried out by degradation of ECM, which consists of two main components: basement membranes and interstitial connective tissue. Although collagen IV is the main component of basement membranes, it is thought to be degraded mostly by MMP-2 and MMP-9. Other proteins such as laminin, proteoglycans, entactin and osteonectin are also present in this structure. The interstitial connective tissue is composed of cells distributed in a meshwork of collagen fibres, glycoproteins, proteoglycans and hyaluronic acid. The main forms of collagen found here are types I, II and III. During cancer dissemination, the interstitial connective tissue is believed

to be broken down mainly by interstitial collagenases and some of the stromelysins.

MMPs promote both primary tumor growth and metastasis by activating growth factors, inactivating growth-factor binding proteins, cleaving receptors involved in cell adhesion, unmasking cryptic sites of interaction, and by acting on ECM components or other proteins to uncover hidden biological activities which can affect cell proliferation, migration and angiogenesis.

Angiogenesis is necessary for a tumor to grow up to a size greater than approximately 2 mm in diameter. The process begins with local degradation of the basement membranes that surround capillaries, followed by invasion of the surrounding stroma by the underlying endothelial cells in the direction of the angiogenic signal. MMPs may promote angiogenesis by at least two different mechanisms: by degrading barriers and thereby allowing endothelial cell invasion, and by liberating factors that promote or maintain the angiogenic phenotype (Stetler-Stevenson, 1999). It is important to point out that, although clear evidence exists that MMPs potentiate angiogenesis, these proteases also have the potential to inhibit this process. For example, MMP-3, -7, -9 and -12, can degrade plasminogen, generating the angiogenesis inhibitor angiostatin. Another potent inhibitor of angiogenesis is endostatin, which is a breakdown product of collagen XVIII. It is presently unknown as to whether MMPs play a role in generating endostatin. Endostatin, which is a C-terminal fragment of the basement membrane collagen XVIII, is probably produced by MMP-3, -9, -12, -13 and -20 (Hanahan et al, 1996; Hojilla et al, 2003).

Atherosclerosis is the major cause of coronary heart disease, and matrix metalloproteinases play an important role in atherosclerosis by degrading the extracellular matrix, which results in cardiovascular remodelling. Recent studies have identified an enhanced expression of MMPs in an atherosclerotic lesion and their contribution to the weakening of vascular wall by degrading the extracellular matrix. Both, animal experiments and clinical sample analysis have shown that balance in expression and activation of MMPs and inhibition by TIMPs is a critical point in the development of stenotic and aneurysmal changes. Polymorphism in MMP gene promoter contributes to inter-individual differences in susceptibility to coronary heart disease. The development of therapeutic drug specifically targeting MMPs may thus be useful in the prevention of atherosclerotic lesion progression, plaque rupture, and restenosis (Watanabe and Ikeda, 2004).

Myocardial remodelling is a milestone in the progression of congestive heart failure (CHF). Left ventricular remodelling during the progression of CHF is accompanied by changes in the structure of the myocardial extracellular matrix. The myocardial extracellular matrix is composed of structural proteins and biologically active molecules that contribute to the maintenance of left ventricular myocardial architecture and function. A family of proteolytic enzymes responsible for myocardial extracellular protein degradation is the matrix of metalloproteinases. A number of MMP species have been identified within the human myocardium and are increased with the development of CHF. Cer-

tain MMPs that are expressed at very low levels in normal myocardium such as collagenase-3 (MMP-13) and the membrane-type MMPs (MT-MMPs) are substantially up-regulated in CHF and likely to contribute to the pathologic remodelling that occurs within the myocardium. However, not all MMP species are uniformly increased in patients with end-stage CHF, suggesting that a specific portfolio or cassette of MMPs are expressed in the failing myocardium. Changes in MMP/TIMP levels are likely to reflect the progression and/or acceleration of the left ventricular remodelling process in CHF. Thus serial measurements of plasma MMP/TIMP levels may hold diagnostic/prognostic significance in CHF patients.

The further necessary steps in improving our understanding of this myocardial MMP system include the following:

- 1) The identification of MMP species that are up-regulated in CHF.
- 2) Elucidation of the upstream signalling the pathways that contribute to MMP induction.
- 3) The development of methods of detecting the early myocardial MMP activation in patients with developing CHF.
- 4) The examination of the effects of pharmacologic modulators of the MMP system on animal models with CHF.

The results from these future studies may yield some novel therapeutic strategies by which to control myocardial extracellular remodelling and thereby slow down the progression of the CHF process (Spinale et al, 2002).

Despite the intensive research the precise biological activities of MMPs and TIMPs remains enigmatic and therefore the mentioned next steps in improving our understanding of MMPs and TIMPs do not focused only on congestive heart failure but are necessary also in the development of other human diseases.

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Received February 26, 2005.

Accepted March 12, 2005.