

TOPICAL REVIEW

Endocrine activation in tachycardias

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This article reviews the complex character of neuroendocrine response to paroxysmal tachycardia. While the endocrine influences in arrhythmogenesis are well perceived by the cardiologists, less attention has been paid to influence of tachycardia on neuroendocrine activation. However, this may significantly alter the clinical course of tachycardias and its responses to pharmacotherapeutic interventions. Main characteristics of hormones with direct relationship to cardiovascular system (ANP, AVP, catecholamines, angiotensin and others) are listed with description of regulation of their secretion and main biological effects, especially with regard to regulation of circulation. Changes in hemodynamics during tachycardia with accompanying changes in ANP, AVP renin-angiotensin-aldosterone system, sympatho-neural and sympatho-adrenal activation are reviewed. Further research and understanding require more complex approach and concentration on interrelationship of different regulatory hormones in tachycardia. (Fig. 2, Ref. 96.)

Key words: tachycardia, hemodynamics, hormone, neuroendocrine system.

The endocrine and cardiovascular systems are closely interrelated. Heart and endothelium have important endocrine and paracrine functions producing important hormones and biologically active substances. On the other hand, cardiovascular system is the target for multiple hormonal regulations. Participation of certain hormones in the process of arrhythmogenesis is well known. Arrhythmogenic effects of thyroid hormones in thyrotoxicosis or catecholamines in pheochromocytoma are well known and have been recently reviewed (Viskin et al., 2000). This overview focuses the reverse, less known interrelation: the endocrine activation during paroxysmal tachycardias.

Changes in circulation stimulate secretion of many hormones. Of all the cardiac diseases, endocrine activation has been studied probably most extensively in heart failure. Depending on its hemodynamic tolerability, similar mechanisms as in heart failure might operate in tachycardia and many aspects of the endocrine response are comparable. As paroxysmal tachycardias are usually relatively short-lasting due to therapeutic interventions, spontaneous cessation or death, fully blown neuroendocrine activation does not take place. It is especially due to this reason that the vast majority of studies on this topic deal with acute changes. However, this is not an absolute rule. Some supraventricular and ventricular tachycardias may compromise the patient also in the long run.

In the recent years, some work has been done showing besides the hemodynamic influences also direct relationship between arrhythmias and the endocrine system. This might be the secretion of atrial natriuretic peptide activated by electrical activation of atrial cardiomyocytes (Schiebinger and Linden, 1986). However, research on this topic has not been conclusive yet.

Tachycardia is a cardiac rhythm faster than 100 beats per minute. In order to avoid complicated classification of tachycardias which is not necessary to explain the aspects of endocrine activation, we shall distinguish only between supraventricular and ventricular tachycardias. Supraventricular tachycardias require for their initiation and persistence abnormal electrical activity of the atria and/or atrioventricular junction. Ventricular tachycardias do not require abnormal electrical activity of the atria and/or atrioventricular junction. In the majority of cases, supra-

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ventricular tachycardias show narrow QRS complex, while the QRS complex is wide in ventricular tachycardias. Atrial fibrillation, the most common supraventricular tachyarrhythmia, has a special position. We shall deal with this arrhythmia in depth in a separate section.

The endocrine response evoked by paroxysmal tachycardia depends on several factors:

- (a) hemodynamics during the tachycardia,
- (b) duration of the episode,
- (c) administered therapy, both pharmacological and electrical,
- (d) the rate of atrial electrical activity.

We shall deal with the latter in the section on atrial natriuretic peptide.

Hemodynamic effects of tachycardia

Physiological sinus tachycardia has positive impact on hemodynamics. A good model for studying the effects of pathological tachycardias is cardiac pacing because both conditions represent ectopic rhythms unresponsive to physiological regulation. Although changes of rate of a healthy heart in the range from 40–50 beats per minute to 160–170 beats per minute during atrial stimulation significantly lower stroke volume, they have little impact on cardiac output and blood pressure (Ross et al., 1965; Ota et al., 1987), as explained by equation:

$$\text{cardiac output} = \text{stroke volume} \times \text{heart rate.}$$

Stimulation with higher rates causes a decrease in cardiac output and blood pressure. This decrease is caused by:

- (a) decreased ventricular filling secondary to shortening of diastole and absence of correctly timed atrial systole.
- (b) absence of sympathetically mediated physiological increase of contractility.

In the majority of pathological tachycardias, the temporal relationship between atrial and ventricular systole is impaired. Correctly timed atrial systole augments cardiac output in direct relationship to heart rate (Ruskin et al., 1970; DiCarlo et al., 1987; Sganzerla et al., 1989; Hamer et al., 1985). It prevents the transmission of high enddiastolic pressures from the left ventricle to the left atrium (Rahimtoola et al., 1975; Tsai et al., 1988). During atrial contraction against closed atrioventricular valves, atrial and venous pressures suddenly rise (cannon a waves) (O'Rourke and Braunwald, 1998). The affected patients typically report palpitations especially in the neck, a finding typical for atrioventricular nodal reentry tachycardia.

Patients with structural heart disease may dramatically respond to heart rates otherwise well tolerated by healthy hearts. Tachycardia may even at relatively low heart rates elicit ischemia with resulting systolic and diastolic dysfunction (Thadani et al., 1979; Linhart et al., 1969). Patients with dilated cardiomyopathy with low inotropic reserve fail to demonstrate enhancement in systolic and diastolic function during rapid atrial pacing, which typically takes place in normal hearts (Feldman et al., 1988). Asynchronous ventricular contraction in ventricular tachycardias or in supraventricular tachycardias with aberrant

intraventricular conduction might have deleterious hemodynamic consequences in such hearts which do not depend on the loss of atrial contribution or the occurrence of mitral regurgitation (Nakano, 1964).

Tachycardias are one of the precipitating factors of heart failure (Braunwald, 1998). Tachycardias influence hemodynamics in the arterial (forward) and venous (backward) beds. In the arterial bed typically a fall in blood pressure and cardiac output takes place. In more severe cases, especially in ventricular tachycardias, vital organ hypoperfusion ensues, often with the picture of shock, syncope or, in the worst case, sudden cardiac death. Similarly, influence on venous system may manifest with different severity. Depending on the origin of tachycardia, timing of atrial systole and presence or absence of structural heart disease, right and left atrial filling pressures in tachycardia may be elevated (in the majority of tachycardias), remain unchanged or fall (Roy et al., 1987). Pulmonary venous congestion leads to pulmonary edema, systemic venous congestion causes e.g. peripheral edema and hepatomegaly. Long lasting elevation of atrial pressures leads to atrial dilatation with accompanying secondary atrial arrhythmias, most often atrial fibrillation or flutter (Vaziri et al., 1994; Henry et al., 1976). Atrial dilatation and elevated pressures lead, according to Laplace's law to elevated wall tension, which is the main stimulus for activation of several endocrine functions.

Overview of hormones with direct relationship to cardiovascular system

Atrial natriuretic peptide (ANP)

ANP is synthesized in atrial cardiomyocytes. Immunohistochemical studies show higher production in the right atrium (Cantin et al., 1984). Synthesis in the ventricles is 20–50 times lower (Gerbes et al., 1994).

Regulation of secretion

Main stimulus for its secretion is elevation of pressures in the atria (Sato et al., 1986; Müller et al., 1986), or their distension (Ong et al., 1990). Important role is played by high peak pressure in the atria, e.g. secondary to already mentioned cannon a waves. In patients with complete atrioventricular block with implanted VVI pacemaker, baseline values of ANP were significantly higher in patients with sinus rhythm than in patients with atrial fibrillation (Kelly et al., 1997). This result is probably influenced also by lower secretion of ANP in degenerated atrial myocardium in patients with chronic atrial fibrillation (Van Den Berg et al., 1998) (for more detail see section „Endocrine activation in atrial fibrillation“ of this article). A correlation between right atrial size and plasma ANP concentration has been shown in patients with congenital heart disease (Ross et al., 1988).

Rapid heart rate has been considered as one of the stimulating factors. However, several studies did not succeed in demonstrating direct relationship between plasma level of ANP and heart rate (Roy et al., 1987; Crozier et al., 1987). Theory, that

ANP secretion depends on atrial rate, has gained interest. Increase in atrial stimulation rate from 120 to 240 beats per minute led to significant increase in ANP secretion in isolated rat hearts (Schiebinger and Linden, 1986). A study by Fujiwara et al. (1993) showed, that fast atrial electrical activity in atrial fibrillation with up to 500 beats per minute *per se* leads to increased ANP secretion. Tan et al. (1993) report significant increase in ANP level during paroxysm of supraventricular tachycardia. On the other hand, increase in atrial stimulation rate from 120 to 176 beats per minute did not increase plasma level of ANP in men (Burnett et al., 1989). Thus, research on this topic remains controversial and presently does not allow for final answer.

ANP secretion is also stimulated by catecholamines via β and $\alpha 1$ receptors (Wong et al., 1988; Schiebinger et al., 1987). However, the results are controversial also in this point. ANP rises during physical stress and probably takes part in the regulation of cardiovascular response to stress (Follenius and Brandenburger, 1988), but the level of ANP did not correlate significantly with levels of norepinephrine (Cuneo et al., 1988) and the addition of a betablocker led to an increase and not decrease of ANP concentration (Tsai et al., 1988).

Mechanism of secretion and effects

Storage form of ANP is the pro-hormone proANP and its secretion is accompanied by mobilization of intracellular calcium. Pro-hormone 1—126 ANP gives rise to N-terminal ANP (1—98) and active form 28 hANP (99—126). Biological half-life of 28 hANP is 2.5—4.5 minutes (Lechleitner et al., 1991).

Antibodies against ANP cross-react with its pro-hormone which is secreted into circulation with a ratio 1:20. The measured value is so called immunoreactive ANP and its physiological value is 10—70 pg/ml (Lichardus and Lazúrová, 1993).

ANP receptors are located in the kidneys, zona glomerulosa of adrenals and in other tissues. After binding to membrane receptors guanylatcyclase is activated and cGMP in the cell rises. CGMP activates cGMP dependent protein kinase, which is responsible for the peripheral effects of ANP. These include relaxation of smooth muscles, increase in endothelial permeability, negative inotropic effect on myocardium and others (Kahn et al., 1998).

Biological effects of ANP

ANP has important effects on cardiovascular system. In response to decreased cardiac output induced by ANP (decreased inotropy and venous return) systolic blood pressure falls. In some models of hypertension, ANP reduces peripheral vascular resistance, as shown by increase in skin blood flow (Bussien et al., 1986). Hemodynamic changes lead to sympathetic activation which counteracts ANP mediated vasodilation. In kidneys, ANP augments glomerular filtration rate and natriuresis (Laragh, 1985). Sympathetic nervous system and angiotensin II decrease the natriuretic effects of ANP.

ANP is the physiological contraregulatory mechanism of renin-angiotensin-aldosterone system. It decreases the production of renin and inhibits both basal and stimulated aldosterone secre-

tion directly, via inhibition of sympathetic nervous system and via inhibition of the stimulatory effect of angiotensin II on the secretion of aldosterone (Cuneo et al., 1987; Struthers et al., 1986).

ANP lowers the secretion of vasopressin and its effects on permeability of collecting tubule (Brown et al., 1988). It blocks the effect of hypertonic saline load on secretion of vasopressin and thirst.

Brain natriuretic peptide (BNP)

BNP is synthesized in ventricles, binds to ANP receptors and also acts via guanylatcyclase (Hunt et al., 1994). As a consequence of lower affinity its degradation is slower than the degradation of ANP. It causes vasodilation, slightly lowers systolic blood pressure and significantly increases heart rate. It has natriuretic effects and inhibits renin-angiotensin-aldosterone system. Increased levels were measured in patients with heart failure. This fact may be useful in detection of early stages of heart failure (Gottlieb et al., 1989; Tsutamoto et al., 1999).

Vasopressin (AVP)

AVP is produced in supraoptic (NSO) and paraventricular (NPV) nuclei. Their axons lead mainly to the posterior pituitary where they store AVP and then release it into systemic circulation in response to neural stimuli from NSO. The secretion of AVP is regulated by osmotic and hemodynamic changes. Osmotically active substances (Na, K, glucose) influence secretion of AVP by creating gradient between extra- and intracellular space of osmoreceptor cells. Hemodynamic stimuli regulate AVP secretion only indirectly, they modulate functional properties of osmoregulatory system. Changes of circulating volume and blood pressure are recorded by high and low pressure receptors. Probably most important are the baroreceptors in the left atrium which react to even small changes in circulating blood volume (Reeves et al., 1998). Increased blood volume causes increase in afferent impulses to central nervous system. In NSO and NPV, they inhibit AVP secretion.

Catecholamines act in the process of AVP secretion indirectly via changes in hemodynamics and directly as neurotransmitters. In NSO and NPV, nerve endings containing norepinephrine are present which stimulate the release of AVP via $\alpha 1$ receptor stimulation (Willoughby et al., 1987).

Intravenous administration of angiotensin II directly stimulates AVP producing neurons leading to stimulation of AVP secretion (Iovino et al., 1984). ACE-inhibitors block AVP release.

The negative feedback for AVP is probably ANP. On the other hand, AVP with its vasopressor action may stimulate the production of ANP (Manning et al., 1985).

Biological effects

Effects of AVP are mediated by means of two receptor types — V1 and V2. They are connected with different second messenger systems on the surface of target cells (Reichlin, 1998).

V1 receptors, called pressoric, are located mainly in the vessels. Their activation is coupled to changes in intracellular calcium. The result is vasoconstriction.

V2 receptors, called also antidiuretic, are coupled to cAMP second messenger system and are located in cortical and medullary part of renal collecting tubules and other parts of the nephron. AVP increases the permeability of epithelial cells for water which leads to its passage from the lumen into the interstitial fluid in the direction of osmotic gradient (Hebert et al., 1981).

Catecholamines

The autonomic nervous system is the fundamental regulatory mechanism of the cardiovascular system. It has two components, parasympathetic and sympathetic. Parasympathetic mediator is acetylcholine which is released from the efferent parasympathetic terminals in the vicinity of target organs. Sympathetic mediators are norepinephrine, epinephrine and dopamine. Catecholamines are synthesized in adrenal medulla, in adrenergic neurons, postganglionic sympathetic neurons and in the central nervous system. In adrenal medulla, predominantly epinephrine, but to a lesser extent also norepinephrine is synthesized. In postganglionic sympathetic fibres, norepinephrine production prevails.

The stimulus for the release of catecholamines is acetylcholine which is secreted from the terminals of preganglionic sympathetic fibres. Epinephrine is a marker of adrenal activity, while norepinephrine reflects the functional status of sympathetic nervous system (Young and Landsberg, 1998).

Biological effects

Epinephrine and norepinephrine act as mixed agonists. Their effect depends on the target organ and the distribution of adrenergic receptors in it. Their effect is mediated mainly by and receptors.

Adrenergic receptors are ubiquitous in the cardiovascular system. Afferent information is sensed by the high- and low-pressure baroreceptors which continuously monitor the state of circulation. From there, inhibitory fibers lead to the brainstem where the sympathetic centers are located. Efferent fibers lead to arterioles, heart, kidneys and veins (Young and Landsberg, 1998).

α 1 receptors are postsynaptic and cause contraction of smooth muscles. α 1-adrenoceptor mediated venoconstriction augments venous return. Based on Frank-Starling's mechanism, increased ventricular filling causes an increase in ventricular contractility. α 2 receptors are presynaptic autoreceptors which by means of negative feedback inhibit secretion of epinephrine and acetylcholine from nerve fibres. Postsynaptic α 2 receptors lower blood pressure and heart rate. They act in the central nervous system (Milligan et al., 1994).

Direct cardiac effects are mediated by postsynaptic β 1 receptors. Their activation leads to increased contractility, automaticity and conductance.

The impact of adrenergic activation on electrophysiological properties influences all the main mechanisms of arrhythmogenesis:

1. *Abnormal automaticity.* Normal automaticity of automatic cells and Purkinje fibers is caused by spontaneous diastolic depolarization. Sympathetic-mediated increased automaticity occurs in

consequence to accelerated spontaneous diastolic depolarization by amplified hyperpolarization-activated pacemaker current (Brown et al., 1979). Abnormal automaticity in the working myocardium arises for example during acute ischemia when in response to increased extracellular K^+ concentration diminished transmembrane potential and inactivation of sodium channels occurs. In this situation, calcium current is responsive for the excitability of the myocardium. Increased automaticity causes ectopic beats. Ectopy and increased heart rate may trigger malignant arrhythmias on the basis of reentry in the inhomogeneous milieu of ischemic myocardium (Kléber et al., 1978).

2. *Reentry.* Catecholamines accelerate impulse conduction through ischemic myocardium, shorten refractory period of normal myocardium and prolong refractory period of ischemic myocardium (Opthof et al., 1991; Opthof et al., 1993). This effect leads to a dispersion of repolarization which predisposes to reentrant arrhythmias. Atrioventricular nodal conduction improves and its refractory period shortens thereby facilitating the induction of supraventricular tachycardias dependent on the participation of atrioventricular node (atrioventricular nodal reentry tachycardia, atrioventricular reentry tachycardia).

3. *Triggered activity.* In patients with congenital long QT syndrome, early afterdepolarizations are the probable mechanism responsible for the start of malignant ventricular arrhythmias. Catecholamines play here an important role and antiadrenergic interventions improve the prognosis of patients (Schwartz and Locati, 1985). Catecholamines increase cytosolic calcium level through a mechanism dependent on cAMP predisposing to late afterdepolarizations (Lubbe et al., 1992).

These experimental results are corroborated by large clinical studies which demonstrate positive effect of betablockers on survival of patients with malignant ventricular tachyarrhythmias (Steinbeck et al., 1992), coronary heart disease after myocardial infarction (The Norwegian Multicenter Study Group, 1981), congestive heart failure (Packer et al., 1996), long QT syndrome (Schwartz and Locati, 1985), hypertrophic cardiomyopathy (Östman-Smith et al., 1999) and hypertension, i.e. in patients with high risk of malignant ventricular arrhythmias.

β 2-adrenoceptors are predominantly located in trachea, bronchi, vessels, uterus etc. Their stimulation leads to smooth muscle relaxation.

Renin-angiotensin-aldosterone system

Aldosterone is produced in the zona glomerulosa of the adrenal cortex. Main stimulus for the release of aldosterone is renin. Renin is formed in the juxtaglomerular cells of the afferent arterioles and in the macula densa of the distal tubules. The baroreceptors of the juxtaglomerular apparatus react to the activation of vascular stretch receptors and the receptors of macula densa to low sodium concentration in tubular fluid. Molecular-biological studies revealed the production of renin and other components of renin-angiotensin-aldosterone system in many other tissues besides the kidneys, namely in myocardium and vascular wall (Dostal et al., 1992; Sawa et al., 1992). Experimental studies however proved the dependence of the local pro-

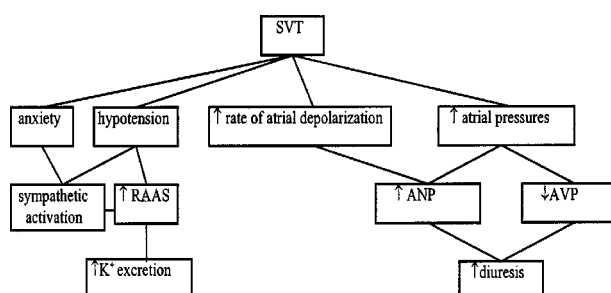


Fig. 1. Endocrine activation in paroxysmal supraventricular tachycardia. SVT — paroxysmal supraventricular tachycardia, RAAS — renin-angiotensin-aldosterone system, K⁺ — potassium, ANP — atrial natriuretic peptide, AVP — vasopressin.

duction on renal renin which is picked up from the circulation and catalyzes intracellular transformation of angiotensinogen to angiotensin I (Danser et al., 1994). In liver, angiotensinogen is cleaved by renin to angiotensin I, which is concerning vasoconstriction inactive (Obdržálková a Křižanová, 1998). In the lungs, angiotensin converting enzyme cleaves two amino acid rests of angiotensin I giving rise to angiotensin II. Angiotensin II directly stimulates aldosterone secretion in the adrenals.

Biological effects

Angiotensin II acts after binding to angiotensin receptors 1 (AT1) and 2 (AT2) on the cell membrane. It causes vasoconstriction. Proliferative effects of angiotensin II have been demonstrated also (Kučelová et al., 1998). Aldosterone amplifies the growth and proliferative effects of angiotensin II (Takeda and Miyamori, 1995).

There is close relationship between the sympathetic nervous system and renin-angiotensin-aldosterone system. Animal experiments have shown that circulating angiotensin II not only inhibits central and peripheral vagal activity but also raises sympathetic tone (Potter, 1981; Zimmerman, 1981). On the other hand, renin release is stimulated by β -adrenergic activation.

Aldosterone maintains intravascular volume and homeostasis by retention of sodium and excretion of potassium and hydrogen ions in the kidneys. Target tissues are epithelial cells of the renal collecting tubules.

Endocrine activation in paroxysmal supraventricular tachycardia (Fig.1)

Paroxysmal supraventricular tachycardia (SVT) is typically a disease occurring in structurally normal hearts. Its mechanism

is most commonly reentry mediated by dual atrioventricular nodal pathways or accessory atrioventricular pathways. The majority of SVT's has a short R-P interval. Hemodynamically this means that atrial systole occurs during ventricular systole. In supraventricular tachycardias with long R-P interval, atrial systole correctly precedes ventricular systole.

Several studies which did not distinguish between SVT with long and short R-P intervals came to the conclusion that SVT leads to a fall in cardiac output and systolic blood pressure, while the pressures in right and left atria rise (Tsai et al., 1988). In a study by Sganzerla et al. (1989), in contrary to SVT with short R-P interval, there was no fall in systolic blood pressure and cardiac output in long-RP tachycardia. Very recently published study by Hamdan et al. (2001) concluded that superior maintenance of hemodynamic stability during long-RP tachycardia is accompanied by reduced sympathoexcitation. However, both forms of SVT led to fall in blood pressure and increased central venous pressure and sympathetic nerve activity.

Increase in atrial pressures during SVT stimulates ANP release (Schiffirin et al., 1985; Müller et al., 1986). ANP rises 30 minutes after the induction of SVT and the values return to normal 30 minutes after its termination (Fujii et al., 1991).

In contrary to the proven relationship between atrial pressures and the level of ANP, the relationship between heart rate and ANP level is less clear (Roy et al., 1987; Mookherjee et al., 1991). The influence of heart rate and atrial pressures is difficult to distinguish, because they rise in parallel during SVT (Schiebinger and Linden, 1986; Burnett et al., 1989; Fujiwara et al., 1993).

Activation of pressure receptors in the left atrium leads to inhibition of AVP secretion. Its blood level falls in SVT. In early recovery phase, sudden rise in AVP level occurs, probably caused by a fall in atrial pressures after restoration of sinus rhythm and continued water diuresis (Fujii et al., 1991).

Level of aldosterone, the contraregulatory hormone in water homeostasis, increases, as well as the level of norepinephrine (Theodorakis et al., 1996; Fujii et al., 1991).

Complex endocrine activation, above all increased ANP and low AVP levels during the arrhythmia cause profound changes in water and electrolyte handling. In the kidneys, glomerular filtration rises by 50 % and plasma renal flow by 20 %. Other changes include increases in diuresis and natriuresis and a fall in urinary osmolality. Potassium excretion rises especially in the recovery phase. Creatinine clearance increases up to 30 minutes after the termination of SVT (Fujii et al., 1991; Tsai et al., 1988). The clinical correlate of all these changes is polyuria, which is often one of the leading symptoms of SVT.

Endocrine activation in atrial fibrillation

Atrial fibrillation (AF) is the most common persistent arrhythmia in the adult population. Its prevalence is 0.3—0.5 % and increases with age. In the population over 60 years of age, its incidence is 2—4 % (Van Wagoner et al., 1997).

Arterial hypertension, congestive heart failure, valvular heart disease, coronary heart disease and hyperthyroidism all pre-

dispose to atrial fibrillation. It is frequent after heart surgery. Coronary artery bypass grafting is post-operatively complicated by an episode of AF in 5–40 % (Dimmer et al., 1998). Idiopathic AF, where the cause is unknown, represents 6–16 % of the cases. In some patients, influence of autonomic nervous system on AF initiation and maintenance can be demonstrated (Coumel, 1994).

From the electrophysiological point of view, AF is characterized by an irregular atrial electrical activity on the basis of multiple wavelets of reentry with a rate of more than 350/minute (Konings et al., 1994). Ventricular response is also irregular and depends on the state of the conduction system.

Longer duration of AF causes persisting electrophysiological and histological changes called electrical remodelling. These changes predispose to reentrant activation and lead to self-perpetuation of AF — the concept of „AF begetting AF“ (Wijffels et al., 1995). Signs of calcium overload have been noted in fibrillating atrial cardiomyocytes. Administration of a calcium channel blocker led to inhibition of electrical remodelling which argues for the causal involvement of calcium overload in this process (Goette et al., 1996). The role of calcium ions as a second messenger in the regulation of ANP production is known and ANP secretion may parallel the electrophysiological changes in the atria. Calcium channel blockers suppress ANP production in isolated atrial cardiomyocytes and their administration to patients with chronic AF was associated with lower ANP production (Ambler and Leite, 1994; Van Den Berg et al., 1998). ANP level is inversely related to the duration of atrial fibrillation (Van Den Berg et al., 1998). Degenerative changes in the atria depend on the duration of AF. On the basis of these facts there is hope that ANP level, additional to the duration of AF, could have prognostic implications for the maintenance of sinus rhythm after cardioversion of AF. Indeed, in one study, ANP level and its rise during stress test were higher in patients, in whom cardioversion was successful (Theodorakis et al., 1996).

ANP level is higher in AF of short duration than in sinus rhythm (Berglund et al., 1990). There was no correlation between ANP and the size of the left atrium in AF (Mookherjee et al., 1991; Theodorakis et al., 1996; Fujiwara et al., 1993; Dimmer et al., 1998).

There is little data published on the influence of AF on secretion of other hormones. Increased level of aldosterone and non-significant changes in epinephrine, norepinephrine and AVP in comparison to patients in sinus rhythm have been observed, i.e. changes which are not surprising in well tolerated AF with good control of ventricular rate (Berglund et al., 1990).

Apart from ANP, neither neuroendocrine response to cardioversion has been adequately studied. Published studies concern mainly electrical cardioversion. Atrial pressures significantly fall after electrical cardioversion (Rowlands et al., 1967; Arakawa et al., 1995). The levels of ANP and its second messenger — cGMP also fall. They return to normal 15 minutes to 4 hours after electrical cardioversion (Petersen et al., 1988; Arakawa et al., 1995; Fujiwara et al., 1993; Roy et al., 1987; Lechleitner et al., 1991; Mookherjee et al., 1991; Müller et al., 1986). On the other hand,

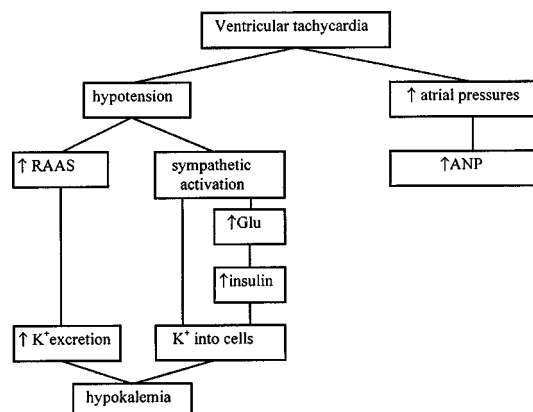


Fig. 2. Endocrine activation in ventricular tachycardia. Abbreviations as in Figure 1. Glu — glucose.

following pharmacological cardioversion, normal values were achieved only after 7 days (Müller et al., 1986).

In the study by Florkowski et al. (1996), significant rise in plasma cortisol with maximum at 30 minutes, ACTH and AVP at 5 minutes and prolactin at 10 minutes after electrical cardioversion were noted. Our study confirmed these findings. The most pronounced change in pituitary hormone release was observed in plasma prolactin levels which increased significantly during the whole time period after the cardioversion studied. Cardioversion resulted in rise in plasma cortisol and renin activity observed at 20 minutes. Though the blood glucose and C-peptide concentrations did not change, plasma insulin levels rose at 5 and 20 minutes. Electrical cardioversion failed to change significantly growth hormone, aldosterone and catecholamine levels. Thus, electrical cardioversion induces a specific neuroendocrine activation (Lukáč et al., 2000).

Endocrine activation in ventricular tachycardia (Fig. 2)

ANP level rises in ventricular tachycardia (Crozier et al., 1987; Ellenbogen et al., 1988), the increase being stronger than in SVT. The increase is explained by higher atrial pressures in ventricular tachycardia. Right atrial pressure positively correlates with the level of ANP (Ellenbogen et al., 1988). Ventricular tachycardia is often associated with hypotension which probably leads to additional hormonal activation. In ventricular tachycardia, first norepinephrine and epinephrine, afterwards glucose followed by insulin rise (Ellenbogen et al., 1990). Probably these endocrine changes elicit hypokalemia, which is often observed following resuscitation from ventricular tachycardia and ventricular fibrillation (Salerno et al., 1993).

During paroxysmal tachycardias activation of the neuroendocrine system is predominantly mediated by hemodynamic changes. ANP is the major player in these complex regulatory me-

chanisms but clinically relevant are also changes of the renin-angiotensin-aldosterone system, AVP, catecholamines and other hormones. There is ambient space for further laboratory and clinical research, which should improve our understanding of these clinically important interrelations between cardiovascular and neuroendocrine systems.

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